

DISCLOSURE STATEMENT

David Pickup, MA

Healing for the Soul, LLC (HFTS)
POB 25314, Colorado Springs, CO 80936

Education & Qualifications

MA - Counseling Psychology, National University, Los Angeles, CA
Senior staff member for The Mankind Project, (staff member 2001-2007), facilitating highly successful coaching for men.

Differences of Coaching & Counseling

"Counseling focuses on healing and life coaching focuses on growth." A Life Coach is a personal mentor who for a period of time is *mutually and personally* connected to you. He is an advisor who will tell you what you must do to succeed. He will usually push you to take appropriate risks and emotionally support you as a confidant much more than a therapist is able to do. Telephonic group and/or individual counseling provides a confidential means of relational healing that is effective for most issues. Please note that those who are actively suicidal, experiencing hallucinations or psychosis, or primarily seeking recovery from chemical dependency should not use telephonic counseling as their first course of action. During your initial assessment, a counselor will help you determine if telephonic counseling is an appropriate course of action at this time.

Confidentiality Agreement

All content of sessions in the coaching program, including face-to-face, phone call, email, or written forms, are confidential between the life coach (David Pickup) and the client. Any exceptions to the agreement above are to be made only with the permission of both the life coach and the client to help insure the emotional, physical, mental or spiritual safety of the client and life coach. Confidentiality is of the utmost importance for reasons of personal safety and to insure maximum effectiveness of the program. I understand and agree to the concept and parameters of confidentiality as stated in this agreement. Unless you grant me written or verbal permission (i.e. by signing a Release of Information), I will neither inform anyone that you are receiving counseling, or will I disclose the content of anything communicated in our sessions. You should also know that the staff of HFTS and their clinical supervisors may consult about you, they have been trained regarding the rules of confidentiality and they are committed to maintaining your privacy. Since the content of what you share is legally confidential, I cannot be forced to disclose anything without your consent. However, that confidentiality is waived if one or more of the following situations arise if you a) pose a serious physical danger to yourself or another person; b) disclose that you have physically or sexually abused or molested a child, an elderly person, an incompetent person, or a disabled person; c) disclose that a child, an elderly person, an incompetent person, or a disabled person is suffering from neglect; d) involve us in a criminal or delinquency proceeding, or when there is a legal or disciplinary proceeding regarding quality of care, or when services are being reviewed by a professional or legal entity; or e) disclose threats to national security.

For married couples who are both receiving treatment from the HFTS team it is understood that by signing this disclosure statement they are both agreeing to a release of information and that staff members may communicate with each other about their marriage, spouse and any relevant treatment issues therein so that we may better serve the couple as a therapeutic team and therefore, confidentiality is limited and not guaranteed in this context. Should a client have something they do not want their HFTS therapist to disclose to the rest of the staff, particularly to their spouse's HFTS therapist, it needs to be communicated to that therapist and Jayson Graves in writing.

Sessions/Billing: Sessions are 45 minutes in length. Billing is completed by HFTS the day in advance of the appointment so any change to an appointment requires 48 hours (2 business days) notice. Missed appointments and cancellations within 48 hours will not be refunded.

Coaching Expectations & Agreement

Expect to take healthy risks. Expect to do everything I will ask you to do. Expect that some of the program may be a mystery to you. EXPECT TO WORK HARD from the beginning—we will not waste time. Expect intense feelings to come up as you work these tasks and processes. Expect the opportunity to experience the three A's (approval, affirmation, affection). Expect to be supported via "911" calls during the week if you're having an unusual challenge.

Expect to be heard, supported, challenged, & to ask for what you want & need from another man. Expect your feelings of masculinity/manhood to grow, depending directly on how hard you work.

I agree to enter into and maintain the relationship of Coach / client according to the particular program parameters which the client and life coach have agreed upon. I will not terminate the coaching program earlier than the parameters agreed upon unless a valid emergency or extraordinary circumstance arises and by mutual consent. I understand the coaching may include appropriate risk-taking and hard work via tasks and processes which the life coach and the program will ask of me for my personal growth to take place. I understand that the coaching program will be a challenge, and possibly very difficult. Emotional, physical, spiritual, and mental safety will be adhered to by both the life coach and the client. I am responsible for my actions in this program. I will honor my commitments to myself and the program. I will work hard to achieve my goals in this program.

"I, the undersigned have read the above and understand my privileges and responsibilities as a client of HFTS."

Client Signature _____ Printed: _____ Date _____

Legal Guardian (if client is under 18) _____ Date _____

Coach Signature _____ Date _____

(Please fax to Healing for the Soul: 719-325-7057)